## HNNRW For Mannies

# WAYS TO CELEBRATE YOURSELF & YOUR NANNY COMMUNITY

INNRW is a week during which families, businesses, and the media will be encouraged to focus on the positive aspects of the nanny profession, the important role nannies play in the lives of the families and the wonderful contribution they make in the lives of the children they care for. So many nannies don't get recognized, take it upon yourself to create the celebration of yourself and nanny friends. Your contributions help keep this week alive for so many year after year.

#### Unplug & Pamper

Do something special for yourself. Enjoy lunch at a special place. Treat yourself to a spa day. Unplug and unwind for the day read a book, grab a coffee and just celebrate all you've accomplished.

### Treat Yourself

Buy yourself flowers, a book you've been wanting, a favorite beverage. Maybe you've had your eye on some new nanny apparel or a tumbler. Go ahead! Treat Yourself!

#### Celebrate with Others

Grab your pals and make a date to celebrate being a nanny. Grab lunch, turn off your phones, and just enjoy the day. No talk of #nannylife, just be present and be sure to share what you love about your friends.





